**Table 1.** Sample demographic characteristics (n = 2,696), National Health and Nutrition Examination Survey, 1999-2010.

|  |  |
| --- | --- |
| Mean age (SE) | 38.16 (0.27) |
| Mean BMI (SE) | 28.44 (0.18) |
| Mean FIPR (SE) | 2.99 (0.05) |
| Smoking (%, SE) |  |
| Never | 57.31 (1.38) |
| Past | 18.00 (1.07) |
| Current | 24.68 (1.02) |
| Education (%, SE) |  |
| Less than high school | 15.10 (0.84) |
| High school or equivalent | 22.76 (1.02) |
| Some college or AA degree | 35.74 (1.00) |
| College graduate or above | 26.40 (1.16) |
| Race/ethnicity (%, SE) |  |
| Non-Hispanic white | 70.23 (1.41) |
| Non-Hispanic black | 13.35 (0.12) |
| Hispanic | 11.71 (0.90) |
| Other | 4.61 (0.62) |
| Menopause status (%, SE) |  |
| Premenopausal | 79.17 (0.91) |
| Postmenopausal | 20.83 (0.91) |
| Mean number of live births (SE) | 1.70 (3.4) |
| Ever-parity (%, SE) |  |
| Nulliparous | 24.98 (1.25) |
| Parous | 75.12 (1.25) |

**Table 2.** Multiple linear regression examining the effects of number of live births on biological age, National Health and Nutrition Examination Survey 1999-2010 (*n* = 2,669). *Notes:* \* *p* < 0.05, \*\* *p* < 0.01, \*\*\* *p* < 0.001; BMI = body mass index; FIPR = federal income-to-poverty ratio

|  |  |  |  |
| --- | --- | --- | --- |
|  | **LM** | **HD (log)** | **KDM** |
| Live births (linear) | -0.39 (0.25) | 0.003 (0.02) | -0.76 (0.60) |
| Live births (quadratic) | 0.06 (0.05) | -0.003 (0.005) | 0.04 (0.13) |
| Menopause status | -0.32 (0.72) | 0.15 (0.07) \* | 4.03 (1.94) \* |
| Live births (linear) x menopause status | -0.50 (0.63) | -0.09 (0.05) | -0.52 (1.24) |
| Live births (quadratic) x menopause status | 0.09 (0.13) | 0.01 (0.01) | 0.16 (0.24) |
| Age in years | 1.04 (0.02) \*\*\* | 0.004 (0.001) \* | 0.74 (0.03) \*\*\* |
| BMI (kg/m2; linear) | 0.21 (0.09) \* | -0.03 (0.01) \*\* | 1.31 (0.19) \*\*\* |
| BMI (kg/m2; quadratic) | 0.002 (0.001) | 0.0004 (0.0001) \*\* | -0.01 (0.003) \*\*\* |
| FIPR | -0.32 (0.09) \*\*\* | -0.004 (0.01) | -0.38 (0.22) |
| Smoking |  |  |  |
| Never | REF | REF | REF |
| Past | -0.38 (0.31) | -0.03 (0.03) | -1.38 (0.74) |
| Current | 2.13 (0.24) \*\*\* | 0.03 (0.03) | 2.30 (0.62) \*\*\* |
| Education |  |  |  |
| Less than high school | 1.12 (0.40) | 0.09 (0.03) | 1.87 (0.91) \* |
| High school or equivalent | 0.81 (0.33) \* | 0.01 (0.03) | 0.63 (0.73) |
| Some college or AA degree | 0.87 (0.30) \*\* | 0.01 (0.02) | 1.19 (0.70) |
| College graduate or above | REF | REF | REF |
| Race/ethnicity |  |  |  |
| Non-Hispanic white | REF | REF | REF |
| Non-Hispanic black | 0.14 (0.32) | 0.02 (0.03) | -2.47 (0.71) \*\* |
| Hispanic | 1.03 (0.33) \*\* | 0.02 (0.02) | 1.32 (0.61) \* |